



**PERFECT FIT
HEALTH CLUB**

Bay Village Youth Fitness

Ages: 5+

Perfect Fit Health Club is a local brand new 10,000 sqft. fitness facility offering a wide range of fitness equipment suited for youth fitness to make working out fun and safe. We offer family memberships, youth fitness training and classes. Perfect Fit Health Club is offering discounts to all Bay Village Students and their families to get them active and stay active!

Benefits in Youth Training:

- Increase muscle strength
- Help protect muscles and joints from injury
- Improve performance in their sport
- Increase bone strength
- Promotes a future for healthy blood pressure
- and cholesterol levels
- Helps maintain healthy weight
- Increase confidence and self-esteem
- Promotes multitasking and work ethic



Stop by Perfect Fit Health Club today and redeem this for a week pass for your family, and take advantage of the specials offered! We look forward to motivating and keeping your family active!

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